


# WEST VIRGINIA ACADEMY OF NUTRITION & DIETETICS ANNUAL CONFERENCE & EXPO 2025


## PRE-CONFERENCE:

### FOOD FOR THOUGHT, FOOD FOR HEALTH: ROOTED IN APPALACHIA WORKSHOP

SPONSORED BY:  
THE AMERICAN DAIRY ASSOCIATION MIDEAST AND  
PIERPONT COMMUNITY AND TECHNICAL COLLEGE

 April 3rd, 2025

 10:15 AM - 3:45 PM

 White Halls Event Center  
Fairmont, WV 26554



SPEAKER/ PANELIST

**Angel Cunningham, MS, RDN, LD**

Bridging the Gap Between Cultural  
Disparities and Health Equity

Cultural traditions meet modern food transitions.



PANELIST

**Ca'Terria Williams, MS, LD**

Cultural traditions meet modern food transitions.



PANELIST

**Belinda Nicholas DTR student**

Cultural traditions meet modern food transitions.



SPEAKER

**Becky Linger, Ph.D.**

Back to our roots, foraging 101:  
Appalachian Treasures for your Table



SPEAKER

**Chef Jay Mahoney**

Kitchen tour and demonstration



Register now at :

[www.eatrightwv.org/meeting2025](http://www.eatrightwv.org/meeting2025)

# WEST VIRGINIA ACADEMY OF NUTRITION & DIETETICS ANNUAL CONFERENCE & EXPO 2025

**PRE-CONFERENCE & CONFERENCE:  
11 CEUS\***

**CPE'S ARE CONTINGENT ON APPROVAL.  
PRE-CONFERENCE WILL SATISFY THE REQUIRED ETHICS CEU.**

 April 4th, 2025

 8.00 AM - 4:15 PM

 White Halls Event Center  
Fairmont, WV 26554



SPEAKER

**Toby Amidor MS, RD, CDN, FAND**

DGA's and the Process

*\*Sponsored by The BEEF Council*



SPEAKER

**Kelsey Sniegowski RD,LD**

The Role of Minerals in  
Thyroid Health



SPEAKER

**Katie Robinson  
PhD, MPH, RD, LD, CNSC**

Optimizing Nutrition Care Using the  
Malnutrition Quality Improvement  
Initiative

*\*Sponsored by Abbott Nutrition*



SPEAKER

**Cathy Shaw, RDN, CSOWM, LD**

"Navigating Anti Obesity  
Medications: What Every RD  
Should Know"

SPEAKER

**WVU Interns**

Graduate Research Topics:  
Food Science



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WVAND 2025

# NETWORKING — AWARDS — PAINT!



ENJOY A NIGHT  
WITH YOUR  
DIETITIAN FAMILY.

April 3rd, 2025  
5:30-7:30 PM

GRAZING BOARDS  
DESSERT  
NETWORKING  
AWARDS/RECOGNITIONS


SIP & PAINT  
Sponsored by HCSG.



## WHITE HALL EVENT CENTER

Active Members: \$25  
Non-Members: \$30  
Retired/Student: \$20

## REGISTER!

 Sign up when you  
register for the  
WVAND Conference.

Questions.  
Contact: [renalrdwv@gmail.com](mailto:renalrdwv@gmail.com)