



Gina Wood, MPH, RDN, LD is a registered and licensed dietitian who works with the WVU Extension Service where she administers the Expanded Food and Nutrition Education Program in partnership with SNAP-Ed. Together, these two programs comprise the Family Nutrition Program (FNP) which employs a team of 50 Nutrition Outreach Instructors and Health Educators who provide nutrition education and public health outreach to limited resource families and youth in 53 of West Virginia's 55 counties.

This summer following the devastating flooding that affected so many in our state, members of the FNP team worked in partnership with the WV Army National Guard to provide day-camps for children living in flood-affected areas. The Family Nutrition Program provided a healthy grab-and-go breakfast and nutrition education activities to participants of all four camps which were held in Kanawha, Greenbrier, Fayette and Clay counties. The West Virginia Academy of Nutrition and Dietetics donated \$250.00 toward the purchase of the breakfast items (fresh and canned fruit, low-fat yogurt and cheese, granola bars and fruit-infused water) which fed approximately 400 children during the four camps. These camps offered participants the opportunity to participate in a wide variety of age-appropriate activities such as rock climbing, obstacle course races, exploring military planes and helicopters, launching bottle rockets and even petting snakes.

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