



## 2021 Annual Conference & Expo | Virtual

[www.eatrightwv.org/meeting2021](http://www.eatrightwv.org/meeting2021)

Innovations in Practice  Working Together

<b>Wednesday, April 21, 2021</b>		<b>6 CPE</b>
8:00 – 8:15 am	<b>Welcome and Housekeeping</b> Denise Ferris, RDN, LD, DrPH, WVAND Professional Development Committee Chair Christina Nelson, MS, RDN, LD, WVAND President	
8:15– 9:45 am	<b>Detecting Adult Malnutrition through Nutrition Focused Physical Assessment: Short Course</b> Katie Robinson, PhD, MPH, RD   <i>Sponsored by Abbott Nutrition</i>   1.5 CPE	
10:00 – 11:00 am	<b>The Dairy Matrix: More Than the Sum of Nutrients</b> Julie Hess, PhD   <i>Sponsored by American Dairy Association Mideast</i>   1.0 CPE	
11:00 am – 12:00 pm	<b>Break   Exhibits*   Poster Presentations</b>	
12:00 – 1:00 pm	<b>FoodMASTER: Reach to Teach</b> Sylvia Escott-Stump, MA, RDN, LDN, FAND   1.0 CPE	
1:15 – 2:15 pm	<b>Your Academy in Action</b> Kevin L. Sauer, PhD, RDN, LD, FAND, Academy of Nutrition and Dietetics President-Elect   1.0 CPE	
2:30 – 4:00 pm	<b>Telehealth and Licensure Panel</b> Cathy Shaw, RDN, CSOWM, LD, Nate Stritzinger, MPH, RDN, Pepin Tuma, JD, Melissa Ventura-Marra, PhD, RDN   1.5 CPE	
4:00 – 4:15 pm	<b>Wrap-Up Day 1</b> Denise Ferris, RDN, LD, DrPH, WVAND Professional Development Committee Chair	
4:30 pm	<b>Social Activity - TBD</b>	

*Tentative Continuing Professional Education (CPE) Units: Speakers – 12; Exhibits – 1; Poster Sessions - 0.5*

*\* Exhibits can be viewed at any time April 16 through August 1, 2021 (subject to change).*



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<b>Thursday, April 22, 2021</b>		<b>6 CPE</b>
8:00 – 8:15am	<b>Welcome, Housekeeping, and Reminders</b> Christina Nelson, MS, RDN, LD, WVAND President Denise Ferris, RDN, LD, DrPH, WVAND Professional Development Committee Chair	
8:15 – 9:15 am	<b>Case Studies Through the Functional Nutrition Lens</b> Kellie Blake RDN, LD, IFNCP   1.0 CPE	
9:30 – 10:30 am	<b>Helping Clients Wade Through A Fad Crazy World</b> Toby Amidor, MS, RD, CDN, FAND   <i>Sponsored by the West Virginia Beef Industry Council</i>   1.0 CPE	
10:45 – 11:45 am	<b>Are You Ready for Future Dietetics Practice? Use Design Thinking to Evolve Your Career at Any Stage</b> Julie Jones, RDN   1.0 CPE	
11:45 am – 12:45 pm	<b>Break   Exhibits*   Poster Presentations</b>	
12:45 – 1:45 pm	<b>A Plant-Based Eating Pattern for the Prevention and Treatment of Diabetes</b> <b>Meghan Jardine, MS, MBA, RDN, LD, CDE</b>   <i>Sponsored by Vegetarian Nutrition Dietetics Practice Group</i>   1.0 CPE	
2:00 – 3:00 pm	<b>Inclusion, Diversity, Equity and Access in our Profession: Join the Journey!</b> Aida Miles, EdD, MMSc, RDN, LD, FAND   1.0 CPE	
3:15 – 4:15 pm	<b>WVAND Business Meeting and Awards</b> Christina Nelson, MS, RDN, LD, WVAND President   1.0 CPE Brooke Nissim-Sabat, MS, MPH, RD, LD, WVAND Awards & Honors Committee Chair	
4:15 – 4:30 pm	<b>Wrap-Up and Reminders</b> Heidi Church, MS, RD, LD, WVAND President-elect Stephanie Thompson, MS, RD, LD, WVAND Professional Development Committee Chair-elect	

Tentative Continuing Professional Education (CPE) Units: Speakers – 12; Exhibits – 1; Poster Sessions - 0.5

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