



Fresh Start

West Virginia Academy of Nutrition and Dietetics

2013 Annual Meeting

March 20, 2013	
7:00am – 5:00pm	Registration open (registration is unmanned from 11:45 -12:30)
8:00am – 8:15am	Opening Remarks
8:15am – 9:15am	<u>Why our Clients promise to change...and Don't: Uncovering the Hidden Nutrition Issues</u> by Jessica Setnick, MS, RD, CEDRD
9:15am – 10:15am	<u>Filling the Protein Gap</u> (Wound Healing) by Lynn Spalding sponsored by Nutricia
10:15am – 10:30am	Break
10:30am - 11:30am	<u>Learning to Love Licensure: Why and How RD's can protect our public and our profession</u> by Emily Pack, RD,LD and Brooke Nissam-Sabat, MS,RD,LD
11:30am – 1:00pm	Business Luncheon
1:00pm – 2:00pm	<u>Social media Part I- The Building Blocks of Social Media Strategy</u> (beginners) by John Cummings, Assistant Director Enterprise Applications for Marshall University
2:00pm – 2:15pm	Break
2:15pm – 3:15pm	<u>Saturated Fat, CHO and Metabolic Syndrome : Should we Change our Recommendations?</u> by Mike RoussellPhD sponsored by National Cattleman Beef Board
3:15pm – 5:15pm	<u>Panel: Equipping our Children for a Healthy Future</u> Mary Weikle- "Let's Move", Debbie Shrewsbury/student – Winfield Middle School "Fuel up to Play 60" Linda St. Clair- Office of Child Nutrition "What's new in School Nutrition", Kelli Williams PhD,RD,LD, Tim Bender,MS,RD,LD, Amy Gannon, MS,RD,LD- School focused Research
End of day	Announcements and exhibitor prizes 7 CEUs

March 21, 2013

7:00am – 5:00pm	Registration table open
8:00am -8:15am	Housekeeping and remarks
8:15am – 9:15am	<u>Cystic Fibrosis</u> by Allie Farley, MS,RD,LD WVU
9:15am -9:30am	Break
9:30am - 10:30am	<u>Academy of Nutrition and Dietetic National President-Ethan Bergman, PhD RD,CD,FADA</u> <u>What Does the Future Hold for the Academy and Our Profession?</u>
10:30am- 11:30am	<u>Maintaining muscle mass and function with age: Establishing a nutrition framework</u> by Douglas Paddon-Jones, Ph.D Professor, Nutrition and Metabolism The University of Texas Medical Branch sponsored by American Dairy Association Mideast
11:30am – 1:00pm	Boxed lunch and exhibit/ posters
1:00pm - 2:00pm	<u>What to do when you start at 9am Sharp and end at 9pm Dull?</u> By Walt Stansinski Med, MPH
2:00pm– 3:00pm	<u>Social media part II– A Fresh Look at Utilizing Social Media for your Business Networking, Productivity, Growth, and Revenue</u> By Shelly Marie Redmond, MS, RD, LDN Author: Eat Well and Be Fabulous: A Guide for the Modern Day Woman
3:00pm– 3:15pm	Break
3:15pm– 4:45pm	<u>Principles of Basal-Bolus Insulin Therapy and Carbohydrate Counting</u> by Henry Driscoll, MD, FACP, Professor of Medicine
4:45pm– 5:00pm	Closing and drawing for foundation
Closing	7.5 CEUs Total CEUs for 2-day = 14.5