

# 3rd Annual WV Eating Disorder Network Conference

Friday, March 11, 2016

Auditorium, Robert C. Byrd Health Sciences Center

West Virginia University - Charleston Division (On the campus of CAMC Memorial Division)

3110 MacCorkle Ave. SE

Charleston, WV

Registration 8:00 a.m. - Program 8:45 a.m. – 4:30 p.m.

## Program Overview

The West Virginia Eating Disorder Network was developed in the summer of 2013 to provide a forum for providers of all disciplines to better understand and treat the complex challenges faced by clients with eating disorders. This conference is designed to review state-of-the-art clinical concepts and treatment considerations for individuals with disordered eating. It will also provide ample time for networking with other providers and treatment centers. Health providers including Psychiatrists, Psychologists, Licensed Professional Counselors, Social Workers, Nurses, Registered Dietitians, Addiction Counselors and other interested professionals and students are invited to attend. There are no pre requisites.

*Special note for 2016 Conference Programming* - We have chosen to cluster the presentations into two groups: those strictly related to evidence based foundations of assessments and interventions, emerging research, and clinical techniques (morning session), and then those presentations that have interest to a broader audience including family members of patients with eating disorders (afternoon session). The morning sessions are therefore directed at eating disorder professionals, and the afternoon sessions to both professionals and family members. Lunch is included in all registrations.

## Objectives

At the completion of this program, participants should be able to:

### MORNING SESSION

- Discuss the dialectical behavior therapy treatment model, and its adaption to disordered eating;
- State the current status of empirical support for dialectical behavior therapy for disordered eating;
- Demonstrate dialectical behavior therapy treatment strategies specific to the treatment of binge eating and purging behaviors;

### AFTERNOON SESSION

- Discuss research supporting family involvement in the treatment of eating disorders;
- Outline techniques for clinical-family collaboration; and
- List possible risks and road blocks to collaboration in treatment.

Jointly provided by:

***CAMC Health Education and Research Institute and The West Virginia Eating Disorder Network***

**Disclosure:** It is the policy of the CAMC Health Education and Research Institute that any faculty (speaker) who makes a presentation at a program designated for AMA Physician's Recognition Award (PRA) Category I or II must disclose any financial interest or other relationship; (i.e. grants, research support, consultant, honoraria) that faculty member has with the manufacturer(s) of any commercial product(s) that may be disclosed in the educational presentation. Program Planning Committee Members must also disclose any financial interest or relationship with commercial industry that may influence their participation in this conference. All faculty and planning committee members have disclosed that no relationships exist.

## Accreditation:

**Physicians-**The CAMC Health Education and Research Institute's CME program is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians. The CAMC Health Education and Research Institute designates this live activity for a maximum of 6 AMA PRA *Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Psychologist-** The West Virginia Board of Examiners of Psychologists has approved this program for 6 contact hours.

**Nurses-** The CAMC Health Education and Research Institute is an approved provider of continuing nursing education by West Virginia Nurses Association (AO-212), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This offering has been approved for 6 contact hours. (P015-17-15989) Expiration date is 2 years from the course date.

**LPC-** The West Virginia Board of Examiners in Counseling has approved this program for 6 contact hours under approval number WVBEC-031116

**Dietitians-**This program has been approved for 6 CPE hours by the Commission on Dietetic Registration, the credentialing agency for the American Dietetic Association.

**Social Work-** CAMC Health Education and Research Institute is an approved provider of continuing education by the West Virginia Board of Social Work Examiners. This program has been approved for 6 hours of social work credit. Approval number #490045.

**Addiction/Prevention-** The WV Certification Board for Addiction and Prevention Professionals has approved this program for 6 CEU hours AT16-123.

***Please see reverse side for registration information and program agenda***

REGISTRATION FORM

**3RD Annual WV Eating Disorder Network Conference - Friday, March 11, 2016**

Please register no later than Monday, March 7

**\*\*On site registration is available; however, we do encourage pre-registration to be assured a spot and meals for the day.**

Name: \_\_\_\_\_

Degree/Specialty: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Hospital/Institution: \_\_\_\_\_

Conference Fee:

All Participants \$75.00

CAMC/WVU-Charleston employees \$50.00

Community/Family \$30.00 (*lunch plus afternoon session*)

Students (must include college ID) \$20.00

CAMC Residents No charge

**Please note that payment must accompany registration**

Conference fee includes credit processing fee, conference materials, continental breakfast and lunch.

You may register online at [www.camcinstitute.org](http://www.camcinstitute.org)

**Method of Payment**

\_\_\_\_\_ MasterCard \_\_\_\_\_ Visa \_\_\_\_\_ Check Enclosed

Account #: \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Amount: \_\_\_\_\_

Signature: \_\_\_\_\_

Make check payable to CAMC Institute and return to:

CAMC Health Education & Research Institute

3110 MacCorkle Ave. SE

Charleston, WV 25304

Email: [institute@camc.org](mailto:institute@camc.org) Phone: (304) 388-9960 Fax: (304) 388-9966

**Cancellations and Substitutions Policy:**

You may cancel your registration up to 10 business days before the program and we will refund your full registration. If you need to cancel less than 10 business days prior to the program you may, 1) send a substitute from your organization or 2) transfer your registration fee to another program of your choice that is scheduled within 12 months of your original event. Please note: if you don't cancel and don't attend you are still responsible for payment.

**Agenda**

8:00 a.m. Registration/Continental breakfast

8:45 a.m. **Introductions & Program Overview**

Jessica Luzier, PhD, ABPP

Clinical Director, WVU Disordered Eating Center of Charleston

9:00 a.m. **Morning Workshop**

***Dialectical Behavior Therapy for Bingeing & Purging Behavior: Applications Across Eating Disorders***

Patrick L. Kerr, PhD

Associate Professor, Department of Behavioral Medicine and Psychiatry

West Virginia University School of Medicine, Charleston, WV

Jessica Nasser, MS, Briana J. McElfish, MA and Allen M. Rosenthal, MS

(*PhD Candidates*)

10:30 a.m. Break

10:45 a.m. *Morning workshop continued*

12:15 p.m. Lunch - provided

1:15 p.m. **Afternoon Workshop**

***Around the Dinner Table: Engaging Families in Treatment of Eating Disorders***

Laura Collins Lyster-Mensch, MS

Director, F.E.A.S.T., Warrenton, VA

and

Jessica Luzier, PhD, ABPP

Clinical Director, WVU Disordered Eating Center of Charleston

2:45 p.m. Break

3:00 p.m. *Afternoon workshop continued*

4:30 p.m. Evaluation/Adjourn